This world is not real. It never existed, it does not exist, and it will not come into existence in the future. We all dream, and, while sleeping, we think that the things we see in the dream are real; but as soon as we awaken, we perceive the mistake.

You are a victim of illusion and unhappiness if you live your life through things in this world. It may seem somewhat of an empty and ungrounded idea to the self-conscious because it imagines happiness through the things of this world only, but that is the challenge; that is the struggle we must all overcome to be free.