

PRAISE FOR THE PERSONAL AGILITY SYSTEM

“This book transcends any category of business or self-development genre today. It encompasses the full lifecycle of actionable thought leadership to ensure you can align personal and professional goals. I recommend other CEOs do Personal Agility with their executive team.”

— **Ben Sever, CEO**

eRemede

“Personal Agility enabled us to create transparency and alignment among the Board members and Chief Officers. We agreed on What Really Matters moving forward. As it became clear what we needed to do, we could all agree both on what and why, so we could move forward without resistance or hesitation.”

— **Michael Mrochen, Chairman of the Board**

Vivior AG

“The true genius of Personal Agility is how simple it is to implement. Personal Agility gives you the compass that can help you get things done that matter. The tools and techniques made me a better coach. Personal Agility is a hidden gem!”

— **Jim Hannon EdD, Founder**

Boston University Agile Innovation Lab

“Thanks to Personal Agility, I can finish each week with satisfaction and start each week with confidence.”

— **Walter Stulzer, Executive Director**

Futureworks AG

“This system gives you the means to create clarity and focus.”

— **Michael K Sahota**

Leading Beyond Change

“Maria Matarelli and Peter Stevens have connected the Agile principles and values that help teams wildly succeed to something far more personal, more human.”

— **Howard Sublett, CEO**

Scrum Alliance

“PAS will help you cut through the noise. It will guide you to identify What Really Matters, then on making progress every day on the most important things. You’ll be shocked by how much more you achieve, with more free time and less stress.

— **Karim Harbott**

The 6 Enablers of Business Agility

“The Personal Agility System has not only helped me focus on building my business but played a vast role in shaping my life as a striving entrepreneur. It became a way of life and brought tremendous transformations that are clearly measurable!”

— **Dhanushka Arjuna, Founder**

ZeroBelow, Germany

“Personal Agility is something we all may think we don’t need, but it’s the most important thing missing in our lives.”

— **Satyajit Nath, Director**

Hyderabad, India

“The Personal Agility Questions were a helpful refactor in my own reflective practice. Personal Agility is about intentionally choosing and acting on the most important areas to make the biggest impact with the most rewarding return.”

— **Pete Behrens, Founder**

Agile Leadership Journey

“As the world continues to change at a rapid pace and uncertainty abounds, Personal Agility equips professionals with tools, thinking and practical examples necessary to know how to thrive. This highly enjoyable book is your guide from chaos to clarity.

— **Jorgen Hesselberg, Co-Founder**

Comparative Agility

“Personal Agility enabled me to feel more in control of my life. My goals became more achievable, and I found purpose and happiness”

— **Adelina Stefan, ICF Professional Certified Coach**

Switzerland